

No Quarter Boxing and Martial Arts Term's and conditions:

By signing up to participate in our classes, you agree to be bound by our Terms and Conditions set out below (Terms and Conditions).

If you do not agree with any of these Terms and Conditions, please do not participate in our classes.

We reserve the right to change, update or reissue these Terms and Conditions at any time. Any such changes will be posted to via our website, social media accounts or email, and you agree to be bound by such changes.

References to "we", "us" and/or "our" in these Terms and conditions is a reference to No Quarter Boxing and Martial Arts.

1. Medical Warning:

Prior to undertaking any new form of exercise, you should consult with your doctor or other healthcare practitioner to ensure that you are mindful of your current health and any restrictions that may be appropriate for you.

When participating in our classes, do not over exert yourself and work at your own pace. Stop immediately if you feel pain or discomfort. You should immediately seek medical attention if there are any unanticipated changes to your physical condition at any time.

Upon entering No Quarter for the first time you must accurately fill out the health screening form. Once signing the screening form you are bound to the information you have provided.

You must notify your instructor if you have any pre-existing injuries or medical conditions which may impact upon your ability to perform the exercises in our classes.

By undertaking any of our classes, including the use of any equipment, you acknowledge that you do so at your own risk and that the instructors of our programs (together with their servants and agents) will not be liable for any personal injury, loss or liability.

2. Pricing:

Our current prices and timetable are displayed on our website, social media, advertising material and these can be changed at the discretion of No Quarter agents with no less than 2 months notice provided.

3. Payments, Personal Training and Cancellations:

Memberships

- Can be cancelled at any time.

Cancellation requests must be made via email to [memberships@noquarter.com.au](mailto:memberships@noquarter.com.au) once the cancellation request has been received and acknowledged this will commence the cancellation process. The cancellation process consists of a 4 week (payments) cooling off period commencing the following debit date (of confirmation of request via email).

Personal Training

No Quarter understands circumstances change and we will try to be as accommodating as possible to reschedule your appointment before cancelling it. If a rescheduled appointment can be made for that week

- we will endeavour to change the time for you. In the circumstance that the appointment needs to be cancelled we will abide by following policy:

Personal Training Cancellation Policy

- All appointments for personal training will be scheduled directly between No Quarter management and the client.

- Subsequently, if a client has to cancel or reschedule any previously scheduled appointments, the client must contact the No Quarter Management directly at least 12 hours in advance of the scheduled appointment.

- If a client does not cancel or reschedule an appointment at least 12 hours in advance, No Quarter reserves the right to charge a cancellation fee equivalent to a full personal training fee that would normally be charged for that training session. If a client has paid in advance, one pt session will be taken due to cancellation.

- If a client fails to appear for a scheduled appointment, No Quarter reserves the right to charge a no show fee equivalent to the personal training fee that would have been charged for the training session. If a client has paid in advance, one pt session will be taken due to cancellation.

- All cancellations must be made 12 hours in advance by contacting No Quarter Management or one of it's agents via phone, text or email [memberships@noquarter.com.au](mailto:memberships@noquarter.com.au).

10 visit pass

Upon purchase of a 10 visit pass you have full access to the gym (classes and facilities).

- The pass does not expire and the 11th visit is free.

- The 10 pass cannot be refunded but can be transferred.

- Students must provide a current Australian Student Identification card to be eligible.